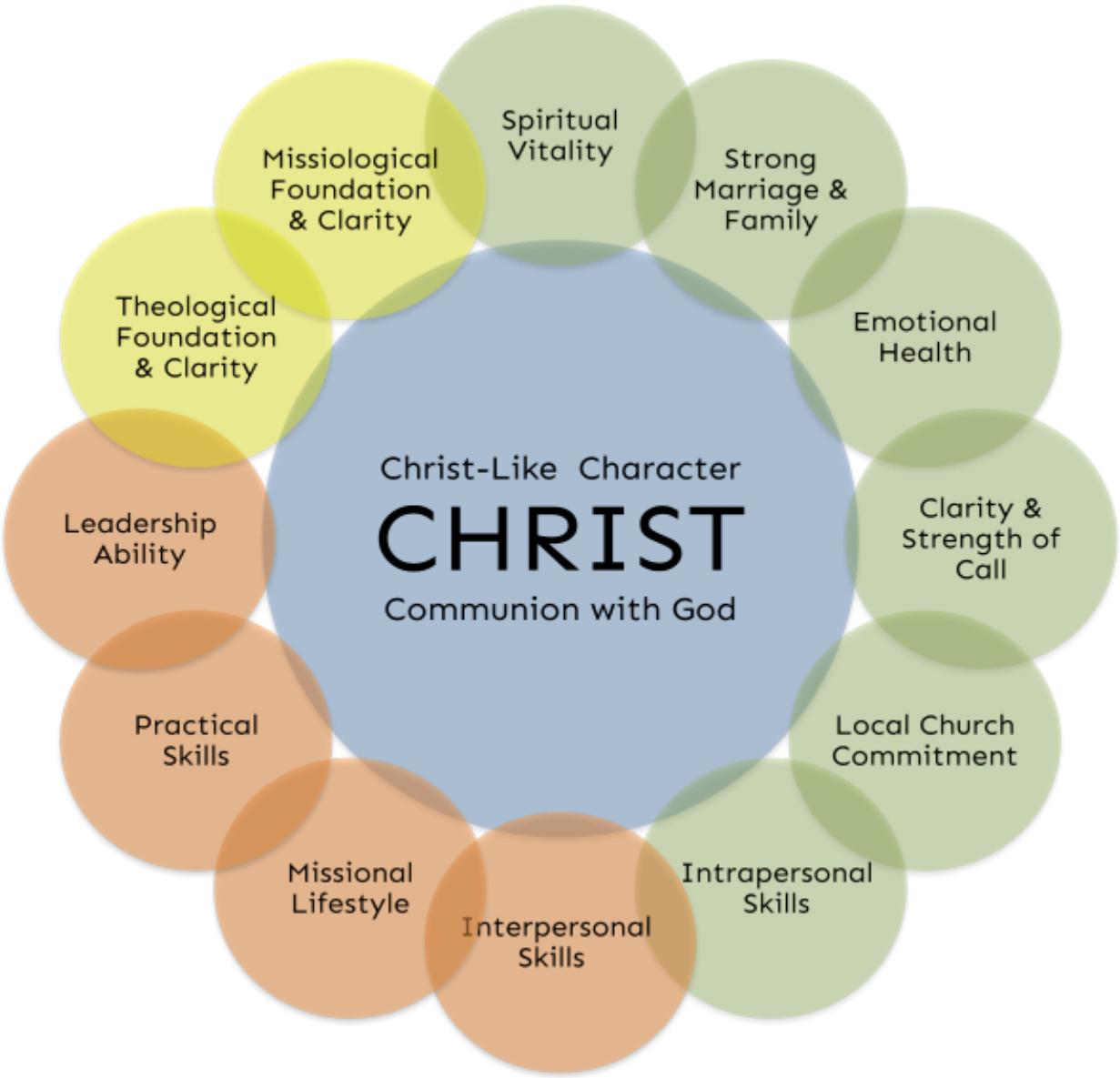
HEAD (Knowledge) **HEART (Being)**



HANDS (Doing)

Traits of a Healthy Missionary

By: Nathan Sloan

CHRIST: Christ-like Character and Communion with God (the Cultivated Life)

Spiritual Vitality

- Are they actively cultivating a life with God?
- Do they practice an active devotional life?
- Are they able to Spiritually feed themselves?
- Do they know how to rest/Sabbath?

Strong marriage and family

- Do they have a healthy and growing marriage?
- Do they practically serve and love their spouse and children?
- Do they have a healthy and growing relationship with extended family and friends?

Emotional Health

- Do they have sin issues and emotional baggage from life that has not been dealt with?
- What current sins do they struggle with?
- What are the potential issues they will face on the field?
- Do they have known mental health issues?

Clarity and Strength of Call

- **Can they articulate a call and a desire to serve overseas?**
- Has their calling been affirmed by others including local church leadership?

Commitment to the Local Church

- Are they faithfully serving in the context of the local church right now?
- Do they see the local church as a vital part of their everyday life?
- Are they living in community with other members of their church?

Intrapersonal Skills

- Do they have a proper understanding of themselves?
- Do they have a proper understanding of suffering?
- Do they have a record of perseverance under suffering?
- Do they show resilience in life and ministry?

Interpersonal Skills

- Do they show flexibility, teachability, and Servant heartedness when working with others?
- Are they submissive to the authority in their life?
- What is their level and understanding of personal ethnocentrism?
- Are they team-oriented and does their desire for individuality pose a potential issue when teaming?

Missional Lifestyle

- Do they regularly share their faith and disciple others?
- What does their understanding and experience in evangelism and discipleship look like?

Practical Skills

- What assets and abilities do they bring to the field?
- Do they possess the general life skills needed to thrive in a cross-cultural environment?

Leadership Ability

- Are they a self-starter?
- What have they created and maintained?
- Is anyone following them?
- Do they have a proven track record of leading themselves?
- Have they multiplied themselves and empowered others to serve and lead?

Theological Foundation and Clarity

- Are they a person of the Word and prayer?
- Do they have a healthy understanding of the Bible and theological truth?
- Do they know what they believe, why they believe it, and are they able to articulate it to others?

Missiological Foundation and Clarity

- Do they have a broad understanding of our world?
- How much cross-cultural experience do they have?
- Do they have appropriate missiological knowledge (issues, history, best practices, etc.)
- Are they aware of current "hot button" missiological issues?

Closing Questions:

1. What are some traits you would consider strengths?
2. What are some traits you would consider weaknesses and why?
3. Coming out of this lesson, what is God inviting you to know, be, and do?